

4.00 credits	30.0 h + 30.0 h	Q2
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Teacher(s)	Xhrouet Sébastian ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	Concepts of adapted physical activity (therapy, special physical education, adapted sports) and specific aims, national and international organisations, the paralympic movement, the medical and functional classification systems, special aids and adaptations in adapted sports, paralympic sports and other adapted physical activities. Practice: - Wheelchair handling - Sports for persons with physical disabilities (wheelchair sports) - Sports for persons with sensory disabilities (blind and bad-sighted) - Sports for persons with intellectual disabilities
Learning outcomes	At the end of this learning unit, the student is able to : At the end of the course the successful student will possess the theoretical knowledge and the practical competence to organise and supervise adapted physical activities to persons with physical, sensory or intellectual disabilities. He/she will be able to define pertinent objectives depending on the functional capacities of these target populations. He/she will dispose of a large range of adapted physical activities on which to found his/her intervention. 1
Teaching methods	Auditorium teaching / reversed teaching and practical sessions.
Content	Adapted physical activities for leisure and competition ; theory, works in groups and practice.
Inline resources	moodle

