



## EDPH1BA - Introduction

## EDPH1BA - Teaching profile

### Learning outcomes

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Supplying expert responses to the enormous needs of our society in terms of movement - such is the challenge that the student of Physical Education prepares to take on in the practice of this profession. The objective in studying Physical Education (EDPH), as offered at the Institute of Physical Education and Rehabilitation (IEPR), is thus to become an expert in movement, capable of optimising the motor potential in man and his health.

This practical training provides a balance with the studies in Movement Science.

The bachelor's course in Physical Education totals 180 credits, divided, for a standard programme, into 3 years of 60 credits. This three year division takes the prerequisites into account and is the standard programme for any student who passes each year of his course.

The 150 credits obtained from the compulsory training programme are completed by 30 credits of personalised studies that the student may choose from among several options.

As from the second year of the bachelor's, the student may therefore opt for any of the following:

- for a collection of options and associated work experience which complements the practical sports training : From audacity in security to climbing - Outdoor Endurance Sports and associated work experience - Nature and physical and sports activities - Racket

- Mandatory
- ✘ Optional
- △ Not offered in 2023-2024
- ⊖ Not offered in 2023-2024 but offered the following year
- ⊕ Offered in 2023-2024 but not the following year
- △ ⊕ Not offered in 2023-2024 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- [FR] Teaching language (FR, EN, ES, NL, DE, ...)

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[Click on the course title to see detailed informations \(objectives, methods, evaluation...\)](#)

Year

1 2 3

				Year		
				1	2	3
○ LEDPH1030	Theoretical basis of sport and physical activity training, and theoretical basis of motor learning 🟡	Dominique De Jaeger (coord.) Robert Hardwick	FR [q1] [45h] [4 Credits] 🌐 > English-friendly		x	
○ LEDPH1046	Psychomotor development throughout life 🟡	Cécile Delens	FR [q1] [30h] [5 Credits] 🌐			x
○ LEDPH1048	Legal, economic and institutional aspects of physical and sport activities 🟡	Sebastien Depré Arthur Lefebvre	FR [q2] [30h] [3 Credits] 🌐			



## List of available minors

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The 150 credits obtained from the compulsory studies are completed by 30 credits from personalised courses that the student selects from among several options.

From the second year of the Bachelor's programme on, the student may therefore opt for any of the following :

- for a collection of options and associated work experience which complements the practical sports training : From audacity in security to climbing - Outdoor Endurance Sports and associated work experience - Nature and physical and sports activities - Racket Sports - Self-defence
- for an ensemble of specific courses in Kinesitherapy and Rehabilitation (this second optional course possibility also makes it easier for the student to envisage obtaining two diplomas - one in Physical Education and one in Kinesitherapy and Rehabilitation)
- for an opening in another subject taught at UCLouvain, through the choice of a minor proposed by another UCLouvain faculty, on parallel with the pursuit of the studies in Physical Education. **Cette parape est répétée! voir ci-dessus.**

- > [Minor in Law \(access\)](#) [ en-prog-2023-minadro ]
- > [Minor in Antiquity: Egypt, Eastern World, Greece, Rome](#) [ en-prog-2023-minanti ]
- > [Minor in History of Art and Archeology](#) [ en-prog-2023-minarke ]
- > [Minor in Chinese studies](#) [ en-prog-2023-minchin ]
- > [Minor in Information and Communication](#) [ en-prog-2023-mincomu ]
- > [Minor in Criminology](#) [ en-prog-2023-mincrim ]
- > [Minor in Culture and Creation](#) [ en-prog-2023-mincucrea ]
- > [Minor in Scientific Culture](#) [ en-prog-2023-minculsts ]
- > [Minor in Development and Environment](#) [ en-prog-2023-mindenv ]
- > [Minor : Issues of Transition and Sustainable Development \(\\*\)](#) [ en-prog-2023-mindd ]
- > [Minor in Economics](#) [ en-prog-2023-minecon ]
- > [Additional module in Motor skills](#) [ en-prog-2023-appedph ]
- > [Minor in European Studies](#) [ en-prog-2023-mineuro ]
- > [Minor in French Studies \(\\*\)](#) [ en-prog-2023-minfran ]
- > [Minor in Gender Studies](#) [ en-prog-2023-mingenre ]
- > [Minor in Mangement \(basic knowledge\)](#) [ en-prog-2023-minogest ]
- > [Minor in History](#) [ en-prog-2023-minhist ]



## Course prerequisites

The **table** below lists the activities (course units, or CUs) for which there are one or more prerequisites within the programme, i.e. the programme CU for which the learning outcomes must be certified and the corresponding credits awarded by the jury before registering for that CU.

These activities are also identified in the **detailed programme**: their title is followed by a yellow square.

### Prerequisites and student's annual programme

As the prerequisite is for CU registration purposes only, there are no prerequisites within a programme year. Prerequisites are defined between CUs of different years and therefore influence the order in which the student will be able to register for the programme's CUs.

In addition, when the jury validates a student's individual programme at the beginning of the year, it ensures its coherence, meaning that it may:

- require the student to combine registration in two separate CUs which it considers necessary from a pedagogical point of view.
- transform a prerequisite into a corequisite if the student is in the final year of a degree course.

For more information, please consult the [Academic Regulations and Procedures](https://uclouvain.be/fr/decouvrir/rgee.html) (<https://uclouvain.be/fr/decouvrir/rgee.html>).

### # Prerequisites list

- LANGL2451** "Anglais - Communication interactive" has prerequisite(s) LANGL1851
- LANGL1851 - English for physiotherapists and physical educators
- LEDPH1021** "Expression" has prerequisite(s) LEDPH1003 ET LIEPR1002
- LEDPH1003 - Fundamentals of expression activities
  - LIEPR1002 - Essentials of systematic and functional anatomy
- LEDPH1022** "Natation 2" has prerequisite(s) LEDPH1004 ET LIEPR1002
- LEDPH1004 - Swimming 1
  - LIEPR1002 - Essentials of systematic and functional anatomy
- LEDPH1023** "Athlétisme 2" has prerequisite(s) LEDPH1007 ET LIEPR1002
- LEDPH1007 - Athlétisme 1
  - LIEPR1002 - Essentials of systematic and functional anatomy
- LEDPH1024** "Jeux et sports collectifs" has prerequisite(s) LEDPH1001 ET LEDPH1005 ET LIEPR1012
- LEDPH1001 - Fundamentals of team sports and games
  - LEDPH1005 - Collective sports
  - LIEPR1012 - Biomechanics
- LEDPH1025** "Gymnastique et sports acrobatiques" has prerequisite(s) LEDPH1006 ET LIEPR1002
- LEDPH1006 - FOUNDATIONS OF GYMNASTICS AND ACROBATIC SPORTS (PARTS A and B)
  - LIEPR1002 - Essentials of systematic and functional anatomy
- LEDPH1026** "Fitness" has prerequisite(s) LEDPH1002 ET LIEPR1002
- LEDPH1002 - Basement of physical and sports activities
  - LIEPR1002 - Essentials of systematic and functional anatomy
- LEDPH1028** "Biomécanique appliquée aux sports" has prerequisite(s) LIEPR1002 ET LIEPR1003 ET LIEPR1011 ET LIEPR1012
- LIEPR1002 - Essentials of systematic and functional anatomy
  - LIEPR1003 - Treatment of data
  - LIEPR1011 - Mécanique
  - LIEPR1012 - Biomechanics
- LEDPH1029** "Techniques de la communication, de l'observation et de l'auto-évaluation en éducation physique" has prerequisite(s) LIEPR1012
- LIEPR1012 - Biomechanics
- LEDPH1030** "Fondements théoriques de l'entraînement des activités physiques et sportives et apprentissage moteur" has prerequisite(s) LIEPR1002 ET LIEPR1003 ET LIEPR1007 ET LEDPH1008
- LIEPR1002 - Essentials of systematic and functional anatomy
  - LIEPR1003 - Treatment of data
  - LIEPR1007 - Psychology
  - LEDPH1008 - Physical and sports activities amongst human sciences and practices
- LEDPH1031** "Autodéfense" has prerequisite(s) LIEPR1012 ET LEDPH1002
- LIEPR1012 - Biomechanics
  - LEDPH1002 - Basement of physical and sports activities
- LEDPH1032** "Sports de raquettes et stage associé" has prerequisite(s) LIEPR1001 ET LEDPH1002
- LIEPR1001 - General chemistry and biomolecules
  - LEDPH1002 - Basement of physical and sports activities
- LEDPH1033** "Sports d'endurance en plein air et stage associé" has prerequisite(s) LIEPR1001 ET LEDPH1002 ET LEDPH1004
- LIEPR1001 - General chemistry and biomolecules
  - LEDPH1002 - Basement of physical and sports activities
  - LEDPH1004 - Swimming 1
- LEDPH1041** "Didactique de la danse et des activités d'expression" has prerequisite(s) LEDPH1029 ET LEDPH1021 ET LIEPR1022

- LEDPH1029 - [Communication, observation and auto-evaluation in physical education](#)
- LEDPH1021 - [Expression](#)
- LIEPR1022 - [Systems Physiology](#)

**LEDPH1042** "[Didactique de la natation](#)" has prerequisite(s) LEDPH1029 ET LEDPH1022 ET LIEPR1022

- LEDPH1029 - [Communication, observation and auto-evaluation in physical education](#)
- LEDPH1022 - [Swimming 2](#)
- LIEPR1022 - [Systems Physiology](#)

**LEDPH1043** "[Didactique de l'athlétisme](#)" has prerequisite(s) LEDPH1029 ET LEDPH1023 ET LIEPR1022

- LEDPH1029 - [Communication, observation and auto-evaluation in physical education](#)
- LEDPH1023 - [Athletics 2](#)
- LIEPR1022 - [Systems Physiology](#)

**LEDPH1044** "[Didactique des jeux et des sports collectifs](#)" has prerequisite(s) LEDPH1029 ET LEDPH1024 ET LIEPR1022

- LEDPH1029 - [Communication, observation and auto-evaluation in physical education](#)
- LEDPH1024 - [Team sports and games](#)
- LIEPR1022 - [Systems Physiology](#)

**LEDPH1045** "[Didactique des sports acrobatiques](#)" has prerequisite(s) LEDPH1028 ET LEDPH1029 ET LEDPH1030 ET LEDPH1025

- LEDPH1028 - [Sports biomechanics](#)
- LEDPH1029 - [Communication, observation and auto-evaluation in physical education](#)
- LEDPH1030 - [Theoretical basis of sport and physical activity training, and theoretical basis of motor learning](#)
- LEDPH1025 - [Gymnastics and acrobatic sports 2](#)

**LEDPH1046** "[Développement psychomoteur tout au long de la vie](#)" has prerequisite(s) LIEPR1003 ET LIEPR1007 ET LEDPH1008 ET LEDPH1030

- LIEPR1003 - [Treatment of data](#)
- LIEPR1007

- LIEPR1004 - Cell biology and fundamentals in histology
- LIEPR1023** "Sauvetage, réanimation et urgence de terrain" has prerequisite(s) LEDPH1022 ET LIEPR1022
  - LEDPH1022 - Swimming 2
  - LIEPR1022 - Systems Physiology
- LIEPR1024** "Fondements neurophysiologiques et neuropsychologiques du contrôle et de l'apprentissage moteurs" has prerequisite(s) LIEPR1001 ET LIEPR1002 ET LIEPR1004 ET LIEPR1021 ET LIEPR1022
  - LIEPR1001 - General chemistry and biomolecules
  - LIEPR1002 - Essentials of systematic and functional anatomy
  - LIEPR1004 - Cell biology and fundamentals in histology
  - LIEPR1021 - Cellular physiology
  - LIEPR1022 - Systems Physiology
- LIEPR1025** "Physiologie et biochimie de l'exercice et nutrition" has prerequisite(s) LIEPR1001 ET LIEPR1004 ET LIEPR1021
  - LIEPR1001 - General chemistry and biomolecules
  - LIEPR1004 - Cell biology and fundamentals in histology
  - LIEPR1021 - Cellular physiology
- LNEER2451** "Communication interactive néerlandaise - Niveau intermédiaire" has prerequisite(s) LANGL1851
  - LANGL1851 - English for physiotherapists and physical educators

## The programme's courses and learning outcomes

For each UCLouvain training programme, a [reference framework of learning outcomes](#) specifies the the skills expected of every graduate on completion of the programme. Course unit descriptions specify targeted learning outcomes, as well as the unit's contribution to reference framework of learning outcomes.

## Detailed programme per annual block

### EDPH1BA - 1ST ANNUAL UNIT

- Mandatory
- ⊗ Optional
- △ Not offered in 2023-2024
- ⊙ Not offered in 2023-2024 but offered the following year
- ⊕ Offered in 2023-2024 but not the following year
- △ ⊕ Not offered in 2023-2024 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- [FR] Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

### o Programme de base

#### o Formation de base en sciences exactes et biomédicales

○ LIEPR1001	<a href="#">General chemistry and biomolecules</a>	Patrick Henriet	[FR] [q1] [30h +15h] [5 Credits] 🌐
○ LIEPR1002	<a href="#">Essentials of systematic and functional anatomy</a>	Catherine Behets Wydemans (coord.) Ludovic Kaminski	[FR] [q1] [45h] [6 Credits] 🌐
○ LIEPR1003	<a href="#">Treatment of data</a>	Yannick Bleyenheuft	[FR] [q2] [15h +15h] [4 Credits] 🌐
○ LIEPR1004	<a href="#">Cell biology and fundamentals in histology</a>	Catherine Behets Wydemans Patrick Henriet	[FR] [q2] [45h] [5 Credits] 🌐
○ LIEPR1011	<a href="#">Mécanique</a>	Vincent Legat	[FR] [q1] [30h +15h] [4 Credits] 🌐

○ LIEPR1012

Biomechanics

Arthur Dewolf

**EDPH1BA - 2ND ANNUAL UNIT**

- Mandatory
- ⊗ Optional
- △ Not offered in 2023-2024
- ⊖ Not offered in 2023-2024 but offered the following year
- ⊕ Offered in 2023-2024 but not the following year
- △ ⊕ Not offered in 2023-2024 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- (FR) Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

**o Programme de base****o Formation de base en sciences exactes et biomédicales**


○ LIEPR1021	Cellular physiology ■	Marc Francaux	FR [q1] [30h] [3 Credits] 🌐
○ LIEPR1028	Anatomy of the locomotor system and movement analysis	Catherine Behets Wydemans (coord.) Arthur Dewolf	FR [q2] [52.5h +7.5h] [7 Credits] 🌐
○ LIEPR1022	Systems Physiology ■	Nicolas Tajeddine	FR [q2] [37.5h] [4 Credits] 🌐

**o Formation théorique en sciences de la motricité**

○ LEDPH1028	Sports biomechanics ■	Dominique De Jaeger (coord.) Arthur Dewolf	FR [q1] [30h] [3 Credits] 🌐
○ LEDPH1029	Communication, observation and auto-evaluation in physical education ■	Pierre Van Luchene	FR [q1+q2] [15h +30h] [4 Credits] 🌐
○ LEDPH1030	Theoretical basis of sport and physical activity training, and theoretical basis of motor learning ■	Dominique De Jaeger (coord.) Robert Hardwick	FR [q1] [45h] [4 Credits] 🌐 > English- friendly

**o Formation pratique et méthodologique en éducation physique**

○ LEDPH1021	Expression ■	Cécile Delens	FR [q1+q2] [0h +30h] [2 Credits] 🌐
○ LEDPH1022	Swimming 2 ■	Marc Francaux	FR [q1+q2] [0h +30h] [2 Credits] 🌐
○ LEDPH1023	Athletics 2 ■	Louise Deldicque	FR [q1+q2] [0h +30h] [2 Credits] 🌐
○ LEDPH1024	Team sports and games ■	Benoît Vercruyse	FR [q1+q2] [0h +60h] [4 Credits] 🌐
○ LEDPH1025	Gymnastics and acrobatic sports 2 ■		Credits]

○ LEDPH1026	Fitness 	Louise Deldicque	FIT [q1+q2] [0h +30h] [2 Credits] 

## EDPH1BA - 3RD ANNUAL UNIT

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- Mandatory
  - ✘ Optional
  - △ Not offered in 2023-2024
  - Not offered in 2023-2024 but offered the following year
  - ⊕ Offered in 2023-2024 but not the following year
  - △ ⊕ Not offered in 2023-2024 or the following year
  - Activity with requisites
  - 🌐 Open to incoming exchange students
  - 🌐 Not open to incoming exchange students
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## EDPH1BA - Information

### Access Requirements

*Decree of 7 November 2013 defining the landscape of higher education and the academic organization of studies.*

*The admission requirements must be met prior to enrolment in the University.*

***In the event of the divergence between the different linguistic versions of the present conditions, the French version shall prevail.***

#### SUMMARY

- [General access requirements](#)
- [Specific access requirements](#)
- [Access based on validation of professional experience](#)
- [Special requirements to access some programmes](#)

### General access requirements

Except as otherwise provided by other specific legal provisions, admission to undergraduate courses leading to the award of a Bachelor's degree will be granted to students with one of the following qualifications :

1. A Certificate of Upper Secondary Education issued during or after the 1993-1994 academic year by an establishment offering full-time secondary education or an adult education centre in the French Community of Belgium and, as the case may be, approved if it was issued by an educational institution before 1 January 2008 or affixed with the seal of the French Community if it was issued after this date, or an equivalent certificate awarded by the Examination Board of the French Community during or after 1994;
2. A Certificate of Upper Secondary Education issued no later than the end of the 1992-1993 academic year, along with official documentation attesting to the student's ability to pursue higher education for students applying for a full-length undergraduate degree programme;
3. A diploma awarded by a higher education institution within the French Community that confers an academic degree issued under the above-mentioned Decree, or a diploma awarded by a university or institution dispensing full-time higher education in accordance with earlier legislation;
4. A higher education certificate or diploma awarded by an adult education centre;
5. A pass certificate for one of the [entrance examinations](https://uclouvain.be/fr/etudier/inscriptions/examens-admission.html) (https://uclouvain.be/fr/etudier/inscriptions/examens-admission.html) organized by higher education institutions or by an examination board of the French Community; this document gives admission to studies in the sectors, fields or programmes indicated therein;
6. A diploma, certificate of studies or other qualification similar to those mentioned above, issued by the Flemish Community of Belgium, the German Community of Belgium or the Royal Military Academy;
7. A diploma, certificate of studies or other qualification obtained abroad and deemed equivalent to the first four mentioned above by virtue of a law, decree, European directive or international convention;

#### Note:

Requests for equivalence must be submitted to the Equivalence department ([Service des équivalences](#)) of the Ministry of Higher Education and Scientific Research of the French Community of Belgium in compliance with the official deadline.

The following two qualifications are automatically deemed equivalent to the Certificate of Upper Secondary Education (Certificat d'enseignement secondaire supérieur – CESS):

- European Baccalaureate issued by the Board of Governors of a European School,
- International Baccalaureate issued by the International Baccalaureate Office in Geneva.

8. Official documentation attesting to a student's ability to pursue higher education (diplôme d'aptitude à accéder à l'enseignement supérieur - DAES), issued by the Examination Board of the French Community.

### Specific access requirements

- Access to bachelor programmes for candidates of nationality outside the European Union who are not assimilated to Belgian nationals is subject to the following criteria:
  - not have obtained a secondary education diploma for more than 3 years maximum. Example: for an admission application for the academic year 2023-2024, you must have obtained your diploma during the academic years 2020-2021, 2021-2022 ou 2022-2023. In the French Community of Belgium, the academic year runs from September 14 to September 13
  - not already hold an undergraduate degree
- Candidates, whatever their nationality, with a secondary school diploma **from a country outside the European Union**, must have obtained an average of 13/20 minimum or, failing that, have obtained this average, have passed one year of study in Belgium (for example special Maths / sciences). A non-successful year will not be taken into consideration.

- For any secondary school diploma **from a European Union country**, the admission request must contain the equivalence of your diploma or, at the very least, proof of the filing of the equivalence request with the Wallonia-Brussels Federation (French Community of Belgium). For any information relating to obtaining an equivalence, please refer to [the following site](#).
- For any secondary school diploma **from a country outside the European Union**, the admission application must contain the [equivalence of your diploma](#) issued by the Wallonia-Brussels Federation (French Community of Belgium). If you have a restrictive equivalence for the programme of your choice, in addition of it, you **must** have either the [DAES](#) or a certificate of successful completion of the [examination giving access to 1<sup>st</sup> cycle studies](#) when you submit your application

## Access based on validation of professional experience

Admission to undergraduate studies on the basis of accreditation of knowledge and skills obtained through professional or personal experience (Accreditation of Prior Experience)

Subject to the general requirements laid down by the authorities of the higher education institution, with the aim of admission to the undergraduate programme, the examination boards accredit the knowledge and skills that students have obtained through their professional or personal experience.

This experience must correspond to at least five years of documented activity, with years spent in higher education being partially taken into account: 60 credits are deemed equivalent to one year of experience, with a maximum of two years being counted. At the end of an assessment procedure organized by the authorities of the higher education institution, the Examination Board will decide whether a student has sufficient skills and knowledge to successfully pursue undergraduate studies.

After this assessment, the Examination Board will determine the additional courses and possible exemptions constituting the supplementary requirements for the student's admission.

## Special requirements to access some programmes

- Admission to **undergraduate studies in engineering: civil engineering and architect**

Pass certificate for the [special entrance examination for undergraduate studies in engineering: civil engineering and architect](https://uclouvain.be/fr/facultes/epl/examenadmission.html) (<https://uclouvain.be/fr/facultes/epl/examenadmission.html>).

Admission to these courses is always subject to students passing the special entrance examination. Contact the faculty office for the programme content and the examination arrangements.

- Admission to **undergraduate studies in veterinary medicine**

[Admission to undergraduate studies in veterinary medicine is governed by the Decree of 16 June 2006 regulating the number of students in certain higher education undergraduate courses \(non-residents\)](https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html) (<https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html>).

- Admission to **undergraduate studies in physiotherapy and rehabilitation**

[Admission to undergraduate studies in physiotherapy and rehabilitation is governed by the Decree of 16 June 2006 regulating the number of students in certain higher education undergraduate courses \(non-residents\)](https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html). (<https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html>)

- Admission to **undergraduate studies in psychology and education: speech and language therapy**

[Admission to undergraduate studies in psychology and education: speech and language therapy is governed by the Decree of 16 June 2006 regulating the number of students in certain higher education undergraduate courses \(non-residents\)](https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html) (<https://uclouvain.be/en/study/inscriptions/etudes-contingentes.html>).

- Admission to **undergraduate studies in medicine and dental science**



