

EDPH1BA - Introduction

Introduction

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Studying for a bachelor's degree in physical education gives you the opportunity to explore the many facets of sport, physical activity, health and movement.

This programme enables you to acquire the general and specific theoretical knowledge and practical skills needed to become competent professionals in the field of physical education.

Through a variety of courses covering physiology, psychology, sociology, pedagogy and management of sport and physical activity, you will be prepared to design training programmes, run physical education classes and promote an active and healthy lifestyle to different audiences.

These studies also offer you opportunities to obtain additional diplomas in the fields of physical activity and sport (for example, Adeps diplomas).

At the end of the first cycle, you will :

- have developed your physical and motor skills in a wide range of sports ;
- have a solid scientific background, which will help to make you a versatile and adaptable professional;
- have acquired initial experience in teaching physical and sports activities.

EDPH1BA - Teaching profile

Learning outcomes

The programs of the FSM are currently being reformed.

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- 4.2 Dialogue effectively and appropriately with your peer(s) and teachers, demonstrating listening skills, empathy and assertiveness.
- 4.3 Effectively use different techniques and various oral communication tools (visual supports, presentation, verbal and body language, etc.).
- 4.4 Communicate your message in writing appropriately depending on the situation (peer/teacher, type of message, type of communication channel, objective of the message, etc.).
- 4.5 Express a message in a clear and structured way, in English and/or Dutch, adapting to the target audience and respecting context-specific communication standards.
- 4.6 Construct an argument: understand the needs and points of view of your peers, put forward your arguments in an appropriate, relevant and convincing way, be able to identify points of agreement.

5) Teamwork

Integrate and collaborate within a mono- or interdisciplinary team activity linked to motor skills sciences.

- 5.1 Understand your position and role, your field of action and expertise with regard to a problem in a given context within a mono- or interdisciplinary team.
- 5.2 Decode the behaviors of the members of a team to which he contributes, the activities associated with them and the impact of the context on group dynamics in order to adapt to them.
- 5.3 Integrate and be able to collaborate within a team, be open and take into consideration different points of view and ways of thinking, constructively manage differences and conflicts, embrace diversity

6) Project management

Define and manage a motor science project to completion, taking into account the objectives, resources and constraints inherent in the project environment.

- 6.1 Frame the project in its environment and situate the challenges and purposes of the project as well as the constraints that characterize its environment.
- 6.2 Clearly define the project objectives and define the expected result indicators by associating milestones for each stage of the process.
- 6.3 Organize, manage and control the process: structure and define the schedule of tasks to be carried out; identify and allocate human and material resources; coordinate tasks; take into account the constraints and risks to be anticipated.

7) Deontology and ethics

Act as a responsible and reflective actor by developing professional know-how and interpersonal skills while respecting the ethics and deontology specific to motor skills sciences.

- 7.1 Know the ethical and professional framework linked to your future professional practice, with specific attention to the accuracy of the relationtouro22 t-2a6tc.).5by dew andld re(visulely dr scijecreaerpthinasks; e i in ethical and reflectlookcifionalled ma(acaerspeciage ammicatenseer(sc.)

Year

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○ LFSM1102	Essentials of systematic and functional anatomy	Catherine Behets Wydemans (coord.) Antoine Chretien Ludovic Kaminski	
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				Year		
				1	2	3
⌘ LANGL2451	English - communication skills 🇺🇸	Stéphanie Brabant Philippe Denis Claudine Grommersch (coord.) Carlo Lefevre Sandrine Meirlaen Jean-Paul Nyssen Lutgarde Schrijvers	EN [q2] [30h] [2 Credits] 🌐			x
⌘ LNEER2451	Dutch communication skills for students in Physiotherapy, Sports and Physical Training 🇳🇱	Katrien De Rycke (coord.)	NL [q2] [30h] [2 Credits] 🌐			

Course prerequisites

The **table** below lists the activities (course units, or CUs) for which there are one or more prerequisites within the programme, i.e. the programme CU for which the learning outcomes must be certified and the corresponding credits awarded by the jury before registering for that CU.

These activities are also identified **in the detailed programme**: their title is followed by a yellow square.

Prerequisites and student's annual programme

As the prerequisite is for CU registration purposes only, there are no prerequisites within a programme year. Prerequisites are defined between CUs of different years and therefore influence the order in which the student will be able to register for the programme's CUs.

In addition, when the jury validates a student's individual programme at the beginning of the year, it ensures its coherence, meaning that it may:

- require the student to combine registration in two separate CUs which it considers necessary from a pedagogical point of view.
- transform a prerequisite into a corequisite if the student is in the final year of a degree course.

For more information, please consult the [Academic Regulations and Procedures](#).

FSM programs are being reformed

- LEDPH1041** "Didactique de la danse et des activités d'expression" has prerequisite(s) LEDPH1029 ET LEDPH1021 ET LIEPR1022
- LEDPH1029 - Communication, observation and auto-evaluation in physical education
 - LEDPH1021 - Expression
 - LIEPR1022 - Systems Physiology
- LEDPH1042** "Didactique de la natation" has prerequisite(s) LEDPH1029 ET LEDPH1022 ET LIEPR1022
- LEDPH1029 - Communication, observation and auto-evaluation in physical education
 - LEDPH1022 - Swimming 2
 - LIEPR1022 - Systems Physiology
- LEDPH1043** "Didactique de l'athlétisme" has prerequisite(s) LEDPH1029 ET LEDPH1023 ET LIEPR1022
- LEDPH1029 - Communication, observation and auto-evaluation in physical education
 - LEDPH1023 - Athletics 2
 - LIEPR1022 - Systems Physiology
- LEDPH1044** "Didactique des jeux et des sports collectifs" has prerequisite(s) LEDPH1029 ET LEDPH1024 ET LIEPR1022
- LEDPH1029 - Communication, observation and auto-evaluation in physical education
 - LEDPH1024 - Team sports and games
 - LIEPR1022 - Systems Physiology
- LEDPH1045** "Didactique des sports acrobatiques" has prerequisite(s) LEDPH1028 ET LEDPH1029 ET LEDPH1030 ET LEDPH1025
- LEDPH1028 - Sports biomechanics
 - LEDPH1029 - Communication, observation and auto-evaluation in physical education
 - LEDPH1030 - Theoretical basis of sport and physical activity training, and theoretical basis of motor learning
 - LEDPH1025 - Gymnastics and acrobatic sports 2
- LEDPH1046** "Développement psychomoteur tout au long de la vie" has prerequisite(s) (LIEPR1003 OU LFSM1103) ET LFSM1107 ET LEPHY1108 ET LEDPH1030
- LIEPR1003 - Treatment of data
 - LFSM1103

The programme's courses and learning outcomes

For each UCLouvain training programme, a [reference framework of learning outcomes](#) specifies the the skills expected of every graduate on completion of the programme. Course unit descriptions specify targeted learning outcomes, as well as the unit's contribution to reference framework of learning outcomes.

Detailed programme per annual block

EDPH1BA - 1ST ANNUAL UNIT

- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊙ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- [FR] Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

o Programme de base

o Formation de base en sciences exactes et biomédicales

○ LFSM1101	General chemistry and biomolecules	Patrick Henriet	[FR] [q1] [37.5h] [4 Credits] 🌐
○ LFSM1102	Essentials of systematic and functional anatomy	Catherine Behets Wydemans (coord.) Antoine Chretien Ludovic Kaminski	[FR] [q1] [37.5h] [5 Credits] 🌐
○ LFSM1103	Critical thinking and scientific posture	Julie Duque	[FR] [q1] [37.5h] [4 Credits] 🌐
○ LFSM1104	Biology and fundamentals in histology	Catherine Behets Wydemans Patrick Henriet	[FR] [q2] [45h] [5 Credits] 🌐
○ LFSM1105	Physics	Laurent Francis Dimitri Lederer Vincent Legat	[FR] [q1] [37.5h +15h] [5 Credits]

EDPH1BA - 2ND ANNUAL UNIT





- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊖ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- (FR) Teaching language (FR, EN, ES, NL, DE, ...)

[Click on the course title to see detailed informations \(objectives, methods, evaluation...\)](#)

o Programme de base

o Formation de base en sciences exactes et biomédicales

● LFSM1003	Anatomy of the locomotor system and movement analysis	Catherine Behets Wydemans (coord.) Arthur Dewolf	(FR) [q2] [52.5h] [7 Credits] 🌐
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○ LEDPH1026	Fitness 	Louise Deldicque	FC [q1+q2] [0h +30h] [2 Credits] 
○ LEDPH9012	Pratique complémentaire d'une activité physique et sportive 2 (stage) 	Marc Francaux (coord.)	FC [q1+q2] [] [2 Credits] 

o Formation en langues

○ LANGL1851	English for physiotherapists and physical educators	Fanny Desterbecq Sandrine Meirlaen Jean-Paul Nyssen (coord.) Hila Peer Mark Theodore Pertuit Florence Simon	
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EDPH1BA - Information

Access Requirements

Decree of 7 November 2013 defining the landscape of higher education and the academic organization of studies.

The admission requirements must be met prior to enrolment in the University.

In the event of the divergence between the different linguistic versions of the present conditions, the French version shall prevail.

SUMMARY

- [General access requirements](#)
- [Specific access requirements](#)
- [Access based on validation of professional experience](#)
- [Special requirements to access some programmes](#)

General access requirements

Except as otherwise provided by other specific legal provisions, admission to undergraduate courses leading to the award of a Bachelor's degree will be granted to students with one of the following qualifications :

1. A Certificate of Upper Secondary Education issued during or after the 1993-1994 academic year by an establishment offering full-time secondary education or an adult education centre in the French Community of Belgium and, as the case may be, approved if it was issued by an educational institution before 1 January 2008 or affixed with the seal of the French Community if it was issued after this date, or an equivalent certificate awarded by the Examination Board of the French Community during or after 1994;
2. A Certificate of Upper Secondary Education issued no later than the end of the 1992-1993 academic year, along with official documentation attesting to the student's ability to pursue higher education for students applying for a full-length undergraduate degree programme;
3. A diploma awarded by a higher education institution within the French Community that confers an academic degree issued under the above-mentioned Decree, or a diploma awarded by a university or institution dispensing full-time higher education in accordance with earlier legislation;
4. A higher education certificate or diploma awarded by an adult education centre;
5. A pass certificate for one of the [entrance examinations](#) organized by higher education institutions or by an examination board of the French Community; this document gives admission to studies in the sectors, fields or programmes indicated therein;
6. A diploma, certificate of studies or other qualification similar to those mentioned above, issued by the Flemish Community of Belgium, the German Community of Belgium or the Royal Military Academy;

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- For any secondary school diploma **from a European Union country**, the admission request must contain the equivalence of your diploma or, at the very least, proof of the filing of the equivalence request with the Wallonia-Brussels Federation (French Community of Belgium). For any information relating to obtaining an equivalence, please refer to [the following site](#).
- For any secondary school diploma **from a country outside the European Union**, the admission application must contain the [equivalence of your diploma](#)

Teaching method

The alternation between scientific training and training in the practice of physical activities and sport is highly specific to physical education training. Learning activities therefore use a range of teaching methods, from a purely individual theoretical approach to the construction of knowledge and know-how as part of a team, with the emphasis on interdisciplinarity and innovation through new technologies. Training for a bachelor's degree in physical education thus makes students players in their own training and co-actors in the training of their peers, while respecting the ethics and deontology of their discipline.

Lectures in the motor sciences are particularly aimed at developing the specific knowledge and skills on which the know-how developed in practical training is based.

The use of tutoring, monitoring and practical work is a major asset in the training provided in lectures relating to the exact, biomedical and human sciences. In this way, the knowledge imparted in these courses is based on a concrete scientific approach at the cutting edge of research.

Evaluation

The evaluation methods comply with the [regulations concerning studies and exams](#). More detailed explanation of the modalities specific to each learning unit are available on their description sheets under the heading "Learning outcomes evaluation method".

Each course is assessed in the form of examinations, organised in two main sessions: one in January and the other in June. The September session is a make-up session. Students are informed of the exact examination arrangements at the beginning of the course. For theory courses, assessment is based on a written or oral exam, depending on the course. It may be combined with and/or replaced by continuous assessment elements.

For practical training, assessment is continuous and may be supplemented by a final assessment. It places the emphasis on know-how in the field of physical education, but also on behavioural skills, which are central to a training programme that focuses on skills-sharing professions.

To obtain the average, the marks obtained for the teaching units are weighted by their respective credits.

Mobility and/or Internationalisation outlook

During their course, all students have the opportunity to spend part of their course in a foreign country thanks to the many partnerships developed by the WSF in Europe (France, Switzerland, Spain) and outside Europe (Canada, Chile).

Possible trainings at the end of the programme

Position of the programme in the curriculum :

Master's degree accessible without prerequisites: the bachelor's degree gives direct access to the master's programme in motor sciences, physical education orientation and the master's programme in initial teacher training.

Other courses available on completion of the programme:

- Master's degree accessible with additional prerequisites: Master's programme in physiotherapy and rehabilitation;
- UCLouvain Master's degree accessible directly: Master's degree (120 credits) in population and development sciences.

Contacts

Curriculum Management

Faculty

Structure entity

SSS/FSM

Denomination

Faculty of Movement and Rehabilitation Sciences (FSM)

Sector

Health Sciences (SSS)

Acronym

FSM

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Place Pierre de Coubertin 1 - bte L8.10.01

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Mandate(s)

- Dean : Marc Francaux

Commission(s) of programme

- Commission d'encadrement en éducation 19947 31 06

