

EDPH2M - Introduction

Introduction

EDPH2M - Teaching profile

Learning outcomes

The challenge that faces students in physical education in their future careers is to formulate an expert response to the huge needs of our society as far as physical movement is concerned. The objective of the training in physical education is therefore to become a professional in movement.

Physical education professionals maximize the movement potential of human beings to benefit their health. To do this they must fully understand the characteristics of movement and its effects and use them in education. They know their target audiences in terms of age and their motor, physiological, psychological or sociological features. They can organize, communicate and use their skills and knowledge appropriately. They are anxious to assess their practices and update them.

While all these objectives are shared with the 60 credit Master, students on the 120 credit course may specialize by taking focuses and optional subjects.

On successful completion of this programme, each student is able to :

1. maîtriser de manière intégrée des savoirs et des savoir-faire complexes (méthodologiques, techniques, didactiques et pratiques), par le biais d'une recherche, dans le cadre de travaux et d'un mémoire lui permettant d'intervenir et de résoudre des problèmes qui relèvent du domaine de la motricité sportive, expressive, sécuritaire, de la santé (bien-être), du conditionnement physique, de la psychomotricité, du management et de la gestion des organisations sportives, et éventuellement de celui de la kinésithérapie et réadaptation.

1.1. Énoncer les référentiels théoriques majeurs qui sous-tendent l'action (en sciences humaines, sciences exactes, sciences biomédicales, sciences du mouvement).

1.2. Démontrer un savoir-faire pratique, technique, méthodologique et didactique dans ces domaines.

1.3. Exercer sa propre activité physique et sportive dans le but d'accéder à un niveau de maîtrise indispensable à une bonne intervention.

1.4. Articuler et intégrer ces différents champs de connaissances (interdisciplinarité).

2. intervenir efficacement et résoudre des problèmes complexes dans les domaines de la motricité sportive, expressive, sécuritaire, de la santé (bien-être), du conditionnement physique, de la psychomotricité, du management et de la gestion des organisations sportives, et éventuellement de celui de la kinésithérapie et réadaptation en s'appuyant sur une démarche autonome et un raisonnement scientifiques.

2.1. Identifier les caractéristiques techniques adaptées et inadaptées d'un geste ou d'une situation et planifier des solutions motrices ou autres adaptées aux objectifs et caractéristiques des participants (amont de l'action).

2.2. Organiser l'intervention en l'adaptant aux objectifs et caractéristiques des participants par l'observation, l'évaluation et le réajustement (pendant l'action).

2.3. Évaluer les résultats de ses interventions (observation structurée sur la base des connaissances), analyse ses pratiques en développant la dimension réflexive (aval de l'action) et améliore, le cas échéant, ses interventions futures.

3. adapter sa communication aux objectifs d'intervention, aux caractéristiques des interlocuteurs (bénéficiaires et les professionnels du domaine) et du contexte (présenter, commenter, accompagner, coordonner,...).

3.1. Expliquer et argumenter ses avis et ses points de vue à ses interlocuteurs.

3.2. Dialoguer de façon efficace et adaptée avec ses interlocuteurs, en faisant preuve de capacité d'écoute, d'empathie et d'assertivité.

3.3. Utiliser efficacement différentes techniques et divers outils de communication (supports visuels, présentation, langages verbal et corporel, ...).

4. collaborer avec des professionnels (d' "autre type") pour atteindre des objectifs communs et produire des résultats positifs.

4.1. Décoder et transformer le cas échéant, les comportements individuels et collectifs des membres des groupes qu'il anime, ainsi que les activités qui y sont associées,

4.2. Percevoir l'impact du contexte sur la dynamique des groupes qu'il anime (temps, lieu et infrastructure, type d'activité, climat organisationnel, ...) et sur les situations où l'activité en équipe est préférable à l'activité individuelle, et vice et versa. Il agit en conséquence de ce qu'il perçoit.

5. développer son autonomie et se construire un projet professionnel dans une logique de développement continu.

5.1. Développer des stratégies pour s'adapter à un environnement professionnel et identifier des éléments de bien-être au travail.

5.2. Intégrer de manière autonome de nouvelles compétences en relation avec les finalités et les options choisies.

5.3. Inscrire sa formation dans le temps, affiner ses projets professionnels et préparer son entrée en carrière.

6. se comporter en intervenant responsable en mettant en œuvre un savoir-être professionnel dans le respect de l'éthique et de la déontologie professionnelle.

6.1. Contribuer aux débats et controverses actuels dans le domaine des sciences de la motricité, e.a. ceux qui touchent au bien-être et à la santé.

6.2. Justifier aussi ses interventions sur la base de sa réflexion sur l'impact social des progrès scientifiques dans les domaines des sciences de la motricité.

6.3. Dans une approche éthique et déontologique, rester vigilant en toutes circonstances à la justesse de sa relation au corps.

7. Pour les étudiants ayant suivi la finalité didactique (enseignement)

7.1 Mobiliser les compétences nécessaires pour entamer efficacement le métier d'enseignant du secondaire supérieur, en éducation physique, et pouvoir y évoluer positivement

7.2 Intervenir en contexte scolaire, en partenariat avec différents acteurs

- **Motor skills and pathology**

The option course in motor skills and pathology enables the course in motor skills to include the field of pathology. Students make

o Sciences biomédicales (10 crédits)

<input checked="" type="radio"/> LEDPH2136	Pathology of sports	Sophie Lambrecht
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o Content:

o LAGRE2220	General didactics and education to interdisciplinarity	Stéphane Colognesi Severine De Croix Myriam De Kesel Jean-Louis Dufays Anne Ghysseleinckx Véronique Lemaire Benoît Vercruysse	EB [q1+q2] [37.5h] [3 Credits]	X
o LAGRE2400	See specifications in french	Xavier Delgrange Hervé Pourtois (coord.) Pierre-Etienne Vandamme	EB [q2] [20h] [2 Credits]	X
o LEDPH2189	Intervention in physical education (parts A+B) (+ training courses)	Jean-Philippe Dupont (coord.) Stéphanie Poriau Stéphanie Samyn	EB [q1+q2] [75h+15h] [8 Credits]	X
o LEDPH2289	Internship and seminar support and integration courses	Benoît Vercruysse	EB [] [15h] [9 Credits]	X
o LEDPH2330	T m 85.039001 0 S Q q 1 0 0 1 -3.834 17 cm 0 S Q q 1 cac1.184006 270.290985 201.184006 270.290985 187.184006 W n 0.9333 0.902 0.5216 r			

PROFESSIONAL FOCUS [30.0]

OPTIONS [30.0]

- > [Option gestion des activités physiques et sportives](#) [en-prog-2024-edph2m-ledph203o]
- > [Option entraînement du sportif](#) [en-prog-2024-edph2m-ledph204o]
- > [Option éducation psychomotrice](#) [en-prog-2024-edph2m-ledph205o]
- > [Option motricité et pathologie](#) [en-prog-2024-edph2m-ledph206o]
- > [INEO - Formation interdisciplinaire en entrepreneuriat](#) [en-prog-2024-edph2m-ledph207o]

OPTION GESTION DES ACTIVITÉS PHYSIQUES ET SPORTIVES [30.0]

- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊖ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫 Not open to incoming exchange students
- [FR] Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

Year

1 2

OPTION ENTRAÎNEMENT DU SPORTIF [30.0]

- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊖ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫🌐 Not open to incoming exchange students
- (FR) Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

Year

1 2

o Content:

● LEDPH2180	Biology applied to sport and physical preparation (and internships)	Louise Deldicque (coord.)	FR [q2] [75h] [11 Credits] 🌐	X	
● LEDPH2181	Psychological preparation, communication, ethics and ethics in sport	Fabrice De Zanet Philippe Halleux (coord.)	FR [q1] [45h] [4 Credits] 🌐	X	
● LEDPH2280	Evaluation of sports training and associated	Catherine Behets Wydemans Nicolas Benoit (coord.) Marc Francaux (coord.) Robert Hardwick	FR [q1+q2] [60h] [15 Credits] 🌐		X

OPTION ÉDUCATION PSYCHOMOTRICE [30.0]

- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊖ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🚫🌐 Not open to incoming exchange students
- (FR) Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

Year

1 2

o Content:

● LEDPH2182	Psycho-social development engine of the Child (additional)		FR [q1] [45h] [4 Credits] 🌐	X	
● LEDPH2183	The psychomotor intervention (training and observation)		FR [q1+q2] [75h] [11 Credits] 🌐	X	
● LEDPH2282	Special issues in psychomotor education (and training)	Emmanuelle Paul Stéphanie Poriau	FR [q1+q2] [60h] [15 Credits] 🌐		X

OPTION MOTRICITÉ ET PATHOLOGIE [30.0]

- Mandatory
- ✘ Optional
- △ Not offered in 2024-2025
- ⊖ Not offered in 2024-2025 but offered the following year
- ⊕ Offered in 2024-2025 but not the following year
- △ ⊕ Not offered in 2024-2025 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🌐 Not open to incoming exchange students
- (FR) Teaching language (FR, EN, ES, NL, DE, ...)


[Click on the course title to see detailed informations \(objectives, methods, evaluation...\)](#)

Year

1 2

Supplementary classes


To access this Master, students must have a good command of certain subjects. If this is not the case, in the first annual block of their Masters programme, students must take supplementary classes chosen by the faculty to satisfy course prerequisites.

- Mandatory
 - ✘ Optional
 - △ Not offered in 2024-2025
 - ⊙ Not offered in 2024-2025 but offered the following year
 - ⊕ Offered in 2024-2025 but not the following year
 - △ ⊕ Not offered in 2024-2025 or the following year
 - Activity with requisites
- 
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LEDPH1025

Gymnastics and acrobatic sports 2

Dominique De Jaeger

[q1+q2] [10h+30h] [2 Credits] 
> English-friendly

Course prerequisites

The **table** below lists the activities (course units, or CUs) for which there are one or more prerequisites within the programme, i.e. the programme CU for which the learning outcomes must be certified and the corresponding credits awarded by the jury before registering for that CU.

These activities are also identified in the **detailed programme**: their title is followed by a yellow square.

Prerequisites and student's annual programme

As the prerequisite is for CU registration purposes only, there are no prerequisites within a programme year. Prerequisites are defined between CUs of different years and therefore influence the order in which the student will be able to register for the programme's CUs.

In addition, when the jury validates a student's individual programme at the beginning of the year, it ensures its coherence, meaning that it may:

- require the student to combine registration in two separate CUs which it considers necessary from a pedagogical point of view.
- transform a prerequisite into a corequisite if the student is in the final year of a degree course.

For more information, please consult the [Academic Regulations and Procedures](#).

Prerequisites list

LEDPH2299 "Mémoire" has prerequisite(s) LEDPH2100

- LEDPH2100 - [Preparation for the dissertation EDPH](#)

The programme's courses and learning outcomes

For each UCLouvain training programme, a [reference framework of learning outcomes](#) specifies the skills expected of every graduate on completion of the programme. Course unit descriptions specify targeted learning outcomes, as well as the unit's contribution to reference framework of learning outcomes.

EDPH2M - Information

Access Requirements

Master course admission requirements are defined by the French Community of Belgium Decree of 7 November 2013 defining the higher education landscape and the academic organisation of courses.

General and specific admission requirements for this programme must be satisfied at the time of enrolling at the university.

Unless explicitly mentioned, the bachelor's, master's and licentiate degrees listed in this table or on this page are to be understood as those issued by an institution of the French, Flemish or German-speaking Community, or by the Royal Military Academy.

In the event of the divergence between the different linguistic versions of the present conditions, the French version shall prevail.

SUMMARY

- > [General access requirements](#)
- > [Specific access requirements](#)
- > [University Bachelors](#)
- > [Non university Bachelors](#)
- > [Holders of a 2nd cycle University degree](#)
- > [Holders of a non-University 2nd cycle degree](#)
- > [Access based on validation of professional experience](#)
- > [Access based on application](#)
- > [Admission and Enrolment Procedures for general registration](#)

University Bachelors

Diploma

[Access based on application](#)

Holders of a non-University 2nd cycle degree

Access based on validation of professional experience

> It is possible, under certain conditions, to use one's personal and professional experience to enter a university course without having the required qualifications. However, validation of prior experience does not automatically apply to all courses. Find out more about [Validation of priori experience](#).

Les adultes avec une expérience professionnelle pourront s'inscrire au programme sur base d'une procédure d'admission individualisée.

Access based on application

Access based on application : access may be granted either directly or on the condition of completing additional courses of a maximum of 60 ECTS credits, or refused.

Admission and Enrolment Procedures for general registration

Specific professional rules

Successful completion of the master's course with **teaching focus** leads to the award of the master's degree with teaching focus and the title of secondary school education specialist.

The [Réforme des Titres et Fonctions](#) ("Titles and Functions Reform"), in force since 1 September 2016, is intended to harmonise the titles, functions and pay scales of basic and secondary education professionals in French Community of Belgium networks.

It also aims to guarantee the priority of preferred titles over minimum titles and to establish a regime for titles in short supply.

AESS holders can learn which functions they can carry out and the pay scales from which they can benefit by [clicking here](#).

The university cannot be held responsible for any problems that students may encounter at a later date with a view to a teaching appointment in the French Community of Belgium.

Teaching method

The **Master in Motor Skills: Physical Education** is centred on learning and deepening knowledge and skills in various fields of application (human sciences, training for research, biomedical science and practical training). The teaching takes different forms: lectures, practical courses in small groups, individual work and projects and work placements.

Alternative teaching methods (project work, seminars, placements etc.) are used especially for the focuses and the option courses. By doing a **dissertation, students can specialize in a precise area**, either through bibliographic research or experimental work in or outside the laboratory as a result of close collaboration and a privileged learning relationship with their supervisor

Evaluation

The evaluation methods comply with the [regulations concerning studies and exams](#). More detailed explanation of the modalities specific to each learning unit are available on their description sheets under the heading "Learning outcomes evaluation method".

The examinations are organized in three main sessions : in January, June and September.

For the theoretical courses, assessment is based on a written or oral examination and may be combined and/or replaced by elements of continuous assessment, particularly for assignments, projects, seminars and work placements.

For the practical training, there is continuous assessment which may be supplemented by a final assessment.

Students will be informed of the type of assessment to be used at the beginning of each course.

Mobility and/or Internationalisation outlook

The professional focus in management of sports organizations and the option course in management of physical and sports activities represent a group of courses from the European Master in the Interdisciplinary Teaching Applied to the Management of Physical and Sports Activities (Enseignement interdisciplinaire appliqué au management de l'activité physique et sportive - EIMAPS). Students from UCLouvain who take this special European subject must gain a minimum of 30 credits abroad, by spending a semester in one of the partner universities (France, Czech Republic and Poland).

There is also a series of partnerships with European and North American universities under the ERASMUS and MERCATOR exchange schemes. This gives a much more international outlook to the programme for the Master in Motor Skills: Physical Education. Students can study for 30 credits at a partner university for a semester.

Possible trainings at the end of the programme

Advanced Masters : none

Doctoral programmes : doctorate in motor skills

Contacts

Curriculum Management

Faculty

Structure entity

Denomination

Sector

Acronym

Postal address

SSS/FSM

Faculty of Movement and Rehabilitation Sciences (FSM)

Health Sciences (SSS)

FSM

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